



Trilogy for Success:

The Mind, Body & Spirit A Total Well-Being Experience®

At Fiesta Americana Condesa & The Miiluma Spa in Cancun, Mexico

**Sponsored by Enhanced Lifestyles, Ltd
A Division of Schramko & Associates, LLC**

February 20 – 22, 2013

PRESENTERS:



Dr. Tim D. Schramko

President, Schramko & Associates, LLC

Dr. Schramko has over 30 years of experience in the healthcare industry, with 14 years specializing in strategic planning, entrepreneurship and personal strategic planning. His high impact and interactive teaching techniques are hallmarks of his professional business & academic career. He has served as faculty at The University of Toledo, Toledo, Ohio, USA and has been a guest speaker and presenter on management systems in France, Germany, Scotland, the United Kingdom & Saudi Arabia. He has served as faculty in the Business College at Bowling Green State University, Bowling Green, Ohio, USA. He has served as faculty in the Business College at Bowling Green State University, Bowling Green, Ohio, USA.

Dr. Schramko earned his Doctorate in Management from Case Western Reserve University in Cleveland, Ohio, USA, specializing in leadership development and organization behavior. He also holds a Master's Degree in Business Administration from The University of Toledo, Toledo, Ohio, USA. His added qualifications to teach personal strategic planning & emotional intelligence concepts come from his Doctorate Degree and as a member of the Faculty at Case Western Reserve University.

Deborah S. Schramko, CPMSM, CPT

Vice President, Schramko & Associates, LLC

President, Enhanced Lifestyles, Ltd.

Mrs. Schramko has over 30 years of experience in healthcare management, conducting employee, medical staff & executive leadership training & development & teambuilding. She has extensive experience in strategic planning & business development and executive level coaching. As a Certified Personal Fitness Trainer, she is Past President of Shape Up, Ltd.®, Past President of Aerobics Plus® and has worked extensively in individualized health & wellness coaching. Her services include health & wellness lectures, fitness training & sports conditioning, corporate & community health & wellness programming & specialized personalized women's health & fitness services.

Deborah earned her professional certifications from the National Association of Medical Staff Services as a Certified Professional in Medical Services Management, and is a Certified Personal Trainer, Instructor & Counselor through the Aerobics & Fitness Association of America. As an entrepreneur, she created several health & wellness facilities, and serves as a national consultant for the promotion of wellness and health management.

